

Menu

Week 2

Monday:

Lental and vegetable pasta with garlic bread.
Apple and pear flapjack.

Tuesday:

Chill con carne beef or quorn with rice.
Chocolate courgette cake.

Wednesday:

Roast chicken or Quorn with new potatoes,
carrot and swede mash with gravy.
Ginger biscuit and fruit.

Thursday:

Cheese and tomato pizza with wholemeal base
and vegetable sticks.
Carrot cake.

Friday:

Fish or vegetable fingers with chips and
mashed peas.
Fruity Friday.

Sandwich, Jacket potato and fruit allways available if pre
ordered.